Grazia 21 November, 2022 by Emma Vidgen

Bust out the streamers and pop the Prosecco on ice because Sagittarius season is just around the corner (Tuesday AEST and GMT). Expect a welcome shift in the overall vibe to take hold and spice things up. No matter your sign, it’s hard not to feel a tad more optimistic, abundant and adventurous. The new moon on Thursday (AEST and GMT) is the ideal window to pause and make a little promise to yourself to do one thing that’s new/unfamiliar/thrilling before Christmas… and make sure you stick to it.

ARIES AND ARIES RISING

Ready to reboot? With eclipse season finally behind you, it might feel like you’re emerging out of the shadows this week. While your energy might still be quite where you’d like it (blame Mars, your ruling planet, being retrograde), prioritise visiting places that spark joy; extra points if they’re a little outside your comfort zone.

TAURUS AND TAURUS RISING

Party season may officially be underway, but after the drama of eclipse season, you’d be well within your rights to orchestrate a moment of luxurious calm. Going to ground is absolutely appropriate. Ditto unloading to someone you trust. Just make sure you brief them: you’re not looking for advice, just someone to listen.

GEMINI AND GEMINI RISING

If you’ve lost that lovin’ feeling of late (and no one would blame you if you had, this eclipse season was *a* lot) make this the week you get back in sync with your partner. Doesn’t matter what you do together, so long as it’s fun. If you’re dating, change apps, agree to a set-up or say, “yes” to someone you’d usual swipe left; it’s a brilliant week fish beyond your usual pool.

CANCER AND CANCER RISING

Peeling your butt off the couch may feel like an impossible feat (blame the balsamic moon and Mars retrograde) but if you can find a way, you’ll be repaid – tenfold. Sleep in your gear, invest in new gym kit or if you’re really lethargic, try a bed workout (look it up on YouTube – it’s a thing). No one ever regretted going for a run *afterwards.*

LEO AND LEO RISING

Is it hot in here, or are do you naturally run warm ? The sexy times continue this week, with a frisky line-up of planets strutting through your pleasure sphere. Whether it’s your hook-up du jour or a little solo time get adventurous and try something you’ve always fancied, but never explored before.

VIRGO AND VIRGO RISING

With the dark moon phase upon us, the urge to purge is very real. Recharge your nervous system from the craziness of eclipse season with some therapeutic cleaning. Find a neglected corner (if it exists at your place ­– not all Virgos are neat freaks!) and find the fun in culling. Already sorted? Drop by your parents and offer tackle the spare room.

LIBRA AND LIBRA RISING

After the tunnel vision vibe of the past month, you’re being invited to get out of your head, and look towards the horizon. Find joy by escaping the everyday and stretching your mind by going somewhere unfamiliar. It doesn’t have to be a grown-up gap year (although that’d be ideal), getting lost in an unchartered corner of your neighbourhood could be surprisingly fun.

SCORPIO AND SCORPIO RISING

The balmy change continues this week as the sun follows Venus and Mercury into Sagittarius. With a new moon on Thursday, you can officially draw a line under the intensity of the past four weeks. If you’re not going to ground to recharge your batteries, use the new moon energy to set some lofty savings goals.

SAGITTARIUS AND SAGITTARIUS RISING

It’s the most wonderful time of the year – especially for you. With your season in full swing (as of Tuesday), getting amongst it – parties, shopping sprees, holidays, you name it! ­– could feel like your civil duty. It’s a sweet change, just remember to pace yourself. No one wants to peak too soon.

CAPRICORN AND CAPRICORN RISING

And, breathe. As end-of-year craziness ramps up around you, your physical challenge is to *not* buy into it. Instead, make a pact to savour your own company. Spending time alone, or finding a way to retreat from the world (a social media sabbatical is ideal), is the optimum way to sail through this week.

AQUARIUS AND AQUARIUS RISING

You’ve got a greenlight this week to quit furrowing that brow and lighten up. Frustrating as it is, clarity will remain thin on the ground for at least another month (or seven weeks, but who’s counting?), so make peace with the uncertainty and focus on having fun instead. You’ve more than earned a drink or two.

PISCES AND PISCES RISNG

Got more than a couple of items hanging around your career to-do list? This week’s new moon is a magic moment to put pen to paper about what you’d like to tackle next. No need for any practical insight on how you’re *actually* going to pull it off, just hone a vision of the finished product. If you can dream it, you can do it.